

1. "Whoever goes to the Lord for safety, whoever remains under the protection of the Almighty, can say to Him, 'You are my defender and protector, You are my God and in You I trust.'"
2. Pray for the Holy Spirit to be with Sylvia Gaspar, as she begins her three month placement at St. Andrew's, Great Cornard. May she be an encouragement to others in her faithful witness to the love of God.
3. **Second Sunday after Christmas.** "He will keep You safe from all hidden dangers and from all deadly diseases."
4. Pray for the Benefice community to come together to help those in need, especially during this winter season. May we all be aware of those who live on their own.
5. "He will cover You with His wings. You will be safe in His care."
6. **Start of Epiphany.** Pray that more vaccines are quickly made available in our country, especially for the vulnerable.
7. "His faithfulness will protect and defend you."
8. Pray for the staff and pupils at our schools, that they may be able to study freely without the complications of the virus.
9. "You need not fear any dangers at night or sudden attacks during the day, or the plagues that strike in the dark, or the evils which kill in daylight."
10. **First Sunday after Epiphany and the Baptism of our Lord.** Pray for our ministry team, as they tirelessly serve the Benefice. Ask the Lord to fill them with inspiration and enthusiasm.
11. "A thousand may fall dead beside you, but you will not be harmed."
12. Pray for discernment and encouragement for those attending tomorrow's Assington PCC Meeting.
13. "You have made the Lord your defender, the Most High your protector."
14. Pray for the Friendship Church in Russe. Ask God to be with them, as they minister to the poor and vulnerable in very cold weather.
15. Pray for wisdom for the church wardens and the PCC as they work to be able to equip St. Mary's for the future live-streaming of services.
16. "God will put His angels in charge of you."
17. **Second Sunday after Epiphany.** Pray for Christians everywhere to unite and be respectful of the differences of others. May the power of prayer transform lives.
18. "The Lord's angels will protect you wherever you go."
19. Pray for all those who have lost their jobs and are facing an uncertain future. May the economy quickly improve, so that more employment is available.
20. Pray for Steve as, in his role of Rural Dean, he leads today's Deanery Mission and Pastoral Committee.
21. Pray for unity at today's St. Mary's PCC Budget Committee meeting
22. "God says, 'I will save those who love me. And will protect those who acknowledge me as Lord.'"
23. Pray for all those working in the NHS, that they may be given the perseverance and enthusiasm for their demanding role.
24. **Third Sunday after Epiphany.** "The Lord says, When they call to me I will answer them."
25. Pray for all those suffering from loneliness, made worse at this cold, dark time of year. May their neighbours be aware of them and offer friendship.
26. "The Lord promises to be with those in trouble. He will rescue them and honour them"
27. Pray for harmony and vision at tonight's St. Mary's PCC meeting.
28. Pray for today's meeting of the Alms Houses Trustees and the Little Cornard PCC meeting.
29. "Come, let us praise the Lord and give thanks for the God who protects us."
30. Pray for Sudbury Storehouse, and give thanks for its work. May the Lord give the helpers stamina, enthusiasm and empathy.
31. **Fourth Sunday after Epiphany.** Pray that this year more people nationally will dedicate themselves to His service. Ask Him to bestow His blessing upon our nation.