

1. Pray for and give thanks for the invaluable work of volunteers, as we mark the beginning of Volunteers Week. Pray also for a happy First Friday Lunch Club and give thanks for all those who give up their time to organise this event.
2. Pray that this month sees much money raised for the Essex and Herts Air Ambulance Service, as people hold a "Very British Afternoon tea" to raise funds. "Helping to save lives one cake at a time".
3. Pray on this **First Sunday after Trinity** for this morning's Sunday Kidzone. Ask the Lord for many Primary School children to feel drawn to come and may their parents stay for the service. Pray also for Solos on Sunday, that those who would otherwise be home alone come to "the bring and share" lunch.
4. Pray on this Monday for a very engaging and inspiring School Science Week in Bures School.
5. Pray today for a very enjoyable time for all those at the Footprints Toddlers and Carers group. Pray also for God's guidance and vision at the Rural Dean's Day, which Steve will be attending.
6. Pray on this Wednesday for tonight's School Governors meeting. Ask the Lord to enable them to make the right decisions for the school.
7. Pray today for the School Church Assembly and ask that the faith of all the children and adults gathered there may be renewed and strengthened.
8. Pray for tomorrow's Diocesan Synod that God's Holy Spirit may continue to lead all the discussions. Also pray for tonight's Youth Club. Ask that the young people and the helpers may enjoy and respect one another's company.
9. Pray on this Saturday of the Queen's Official birthday for the Lord to continue to bless, protect and sustain her. Give thanks for her faithful dedication to our country. Pray too for today's Bures Market to be a celebratory, fun and prosperous occasion.
10. Pray on this **Second Sunday after Trinity** for the clergy in the Benefice. Ask the Holy Spirit to minister to and support our hardworking team.
11. Pray today for the work of carers everywhere. Ask God to give them love, skill and patience, as they work in very difficult and emotional circumstances, looking after the disabled, frail, ill and elderly.
12. Pray today for the work of our farming community, as they depend upon warm rain and sun to germinate the crops.
13. Pray for today's Deanery Synod. May all attending meet in a spirit of wisdom and encouragement.
14. Pray on this Thursday for the Moslem community in our country, as they celebrate the end of Ramadan.
15. Pray today for the work of World Vision, a Christian Charity that brings help to disadvantaged children worldwide.
16. Pray for the Churches in Sudbury Prayer Breakfast in St.Mary's this morning. May all the visitors feel welcome and encourage each other in their worship.
17. Pray on this **Third Sunday after Trinity** and Fathers' Day for fathers everywhere to be good role models to their children.
18. Pray today for the continued success of the "Take a Break" and "Open Door cafes" and give thanks for all those who volunteer to run these events.
19. Pray on this Tuesday for a safe and fun School Sports Day at Bures School. Also pray for unity and wisdom at tomorrow's Deanery Clergy Meeting.
20. Pray on this World Refugee Day for the well-being of all refugees. Pray that those in authority will show compassion and find solutions to ease the crisis.
21. Pray today for the Benefice Elders and Clergy meeting. Thank God for their calling.
22. Pray on this Friday for today's Diocesan Headteachers' meeting at Assington Hall and for Steve who will be speaking there.
23. Pray on this Saturday for the Messy Church Picnic at the Vicarage this afternoon. Pray also for the wedding of Mark and Rebecca in St.Mary's church. May this couple be truly blessed by the Lord.
24. Pray on this **Fourth Sunday after Trinity** for today's Youth Group meeting.
25. Pray for God to give adults wisdom, as they try to support those school children suffering from exam stress.
26. Pray today for the work of the International Justice Mission and their work of freeing slaves and sex workers all over the world.
27. Pray today for a happy Stepping Stones Mothers and Babies service.
28. Pray for a helpful and productive Assington PCC meeting today.
29. Pray today for joy and good weather for this afternoon's wedding of Andrew and Phoebe.
30. Pray on this Saturday for a successful PSA Summer fete for Bures School and also ask the Lord to bless the wedding of Joseph and Eloise at Assington church today.